



Bapuji Educational Association (Regd.)

SSIMS TIMES



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Official Quarterly News Bulletin of SSIMS & RC , Davangere

Celebration of Dr. Prabha Mallikarjun Birthday



Felicitation of STRF Staff at Disaster Management Demo



College Day Celebration



Smt. Dr. Prabha Mallikarjun at Swachh Bharth Abhiyan



Celebration of Dr. Prabha Mallikarjun Birthday



Dr. Shashikala P. Krishna Murthy at Pathology CME



CISP Workshop



Bapuji Pharma Cup winners



KUA UPL - 2026



Nursing College Lamp lighting ceremony



Republic Day celebration





Bapuji Educational Association (Regd.)

S. S. Institute of Medical Sciences & Research Center, Davangere - 577 005



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Editorial Office: DEPARTMENT OF BIOCHEMISTRY

Extn. Nos. : 08192-266315 E-mail: ssimstimes4u@gmail.com

College office : NH-4, Bypass Road, Davangere - 577 005

Phone : 08192-266301,266302,261808. FAX : 08192-266310

E-mail : principalssimsr@gmail.com Web site : www.ssimsr.com

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Principal's desk



Dr. B.S. Prasad
Principal,
SSIMS & RC,
Davangere

My sincere thanks to our patrons Sri S S Mallikarjun, Chairman, SSIMS & RC, Davangere, Hon. Secretary BEA and Dr Prabha Mallikarjun, Joint Secretary BEA, Member of parliament, Davangere for their constant support for all our activities.

It is my immense pleasure to congratulate our faculty of SSIMS & RC, Davangere for their academic activities in our college in the month of January to March 2026.

I thank our faculty for participating actively in all the academic and extracurricular activities starting from Republic day celebration, birthday of Dr Prabha Mallikarjun, Parvathi 2026 activities such as Kalotsava, Kalasangama and Kreedotsava, MEU activities, Desi Mela, College day, sports day and cultural day activities.

I thank our faculty for hosting CMEs, workshops, SS care trust activities and other training programmes.

I thank all the faculty for contributing their work to this issue of SSIMS TIMES.

I thank all the dedicated editors and co editors to bring this colorful SSIMS TIMES January to March 2026 issue successfully



Dr. Dattatreya K.
Prof. and Head
Dept. of Biochemistry

Editor's desk

I thank our Patrons and Principal for their constant support in bringing out this official quarterly news bulletin of SSIMS & RC, Davangere.

I thank all the esteemed contributors and team of editorial board for their hard work and support to bring out this issue of SSIMS TIMES January to March 2026 successfully.

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Departmental Activities

Department of Anatomy

Dr. Veeresh Itagi, Professor, dept of Anatomy, appointed as Nodal Officer for Organ Donation and Nashamukta Bharatha.

The Price of Poise : Can Formal Shoes Reshape Your Feet in the Long Run?

Research conducted by : Akash Rajpurohit

Under the guidance of : Dr. Santosh Bhosale

Under the grant of : Rajiv Gandhi University of Health Sciences, Bangalore in the Department of Anatomy SSIMS & RC, Davangere.

Department of Physiology

Dr. Suneeta Kalasuramath participated in the Student Wellbeing Ambassadors Workshop as part of the ICMR - NHRP Student Wellbeing Project on 13th March 2026 at NIMHANS, Bangalore.

Under the guidance of Dr. Deepa H. S., Associate Professor of Physiology, Ms. Shivani P. J., a 3rd-year MBBS student at SSIMS & RC, presented an oral paper titled "Effect of Brisk Walking, Deep Breathing, and Stress Disclosure on Blood Pressure and Perceived Stress in Pre-Hypertensive Medical Students: A 4-Week Pilot Study" at JIPMER CONNAISSANCE 8.0, held on 14th March 2026 at JIPMER, Pondicherry

Dr. Jayasudha. K, Dr. Sowmya. B. A & Dr. Vishalaxi Jadhav have participated as delegate in CME held on 27th March 2026 at Karwar Institute of Medical Sciences, Karwar. Topic "Integrated Mind- Body Physiology in the Digital ERA"

Department of Biochemistry

Dr. Dattatreya. K Professor & head attended and participated as delegate in CME on Diabetes: Rethinking Metabolic Health through Integrated Medicine organized by department of Biochemistry at HIMS, Haveri on 07.03.2026.

Dr. Harish Bhat K, Professor, attended and participated as delegate in CME and Workshop titled Acid-Base Balance & Disorders- "From Biochemistry Bench to Bedside Interpretation" organized by department of Biochemistry, Navodaya Medical College, Raichur on 10-12-2025.

Department of Pathology

23.01.2026 :

Blood donation and Anemia prevention awareness programme was conducted under the aegis of SS care trust at MBA college for first year students at MBA college auditorium. About 180 students participated in the interactive session. Dr. Shashikala P & Dr. Kavita G U were the resource persons. The programme started with role play by students. Faculty members of MBA college & Dr. Dhanyakumar from SS Care trust were present on the occasion. Students were motivated to donate blood & expressed their willingness for the same.

31.01.2026 :

Blood donation and Anemia prevention awareness programme from SS care trust was conducted at SSIMS Agriculture college for 1st year degree students. About 40 students participated in the interactive session. Dr. Rajashree & Dr. Disha B S were the resource persons. It was an interactive session with positive feedback. Faculty of agriculture college & Dr. Dhanyakumar from SS care trust were present for the programme.

12.02.2026:

Blood donation and Anemia prevention awareness programme on behalf of SS care trust was organised at Bapuji BCA college, Davangere. About 200 students participated in the programme. Dr. Balaji T. G, Associate Professor, Dept of Pathology was the resource person. All the faculty of BCA college and Dr. Dhanyakumar from S. S Care Trust were present at the Programme.



31.01.2026:

Dr. Shashikala P, Professor & Head, Dr. Kavita G. U Professor, Department of Pathology were guest speakers for CME on Nucleic Acid Amplification Testing (NAT) in blood centre which was conducted by Shimoga midtown charity foundation in association with Indian Medical Association, Shimoga at Hotel Royal Orchid. Rtn Dr. Shivaramkrishna A, Dr. Ravish K R IMA President, Rtn Madanlal Jain, Managing trustee, Dr. Chethan Sagar S, Chief Medical Officer & other Board of Directors, trustees of Rotary Shimoga were present on the occasion. Rotarians & members of Indian Medical Association, Shimoga attended the Programme.

13.02.2026

Dr. Shashikala P, Professor & Head, Department of Pathology gave a talk on the topic "Morphology Matters From- Slide To Diagnosis" at a CME in Surgical Pathology conducted by the Department of Pathology, Rajarajeswari Medical college & Hospital, Bengaluru. It was informative interactive and academically enriching covering the important aspects. The CME was attended by postgraduates Dr. Uma Bharti & Dr Lekha Narasimharaju.

07.03.2026 :

Indian Medical Association & Lady Doctors wing (Anika), Davangere celebrated International women's day., Dr. Shashikala P, Professor & Head, Department of Pathology was felicitated during the occasion.

Department of Pharmacology

Pharmacovigilance Report

Summary of reported ADRs and reported drugs from the month of Jan 2026 to March 2026

This analysis is based on the reported ADRs from the month of January 2026 to March 2026. Total 18 patient's reports were collected and analyzed from different departments of the Institution (Figure 1).

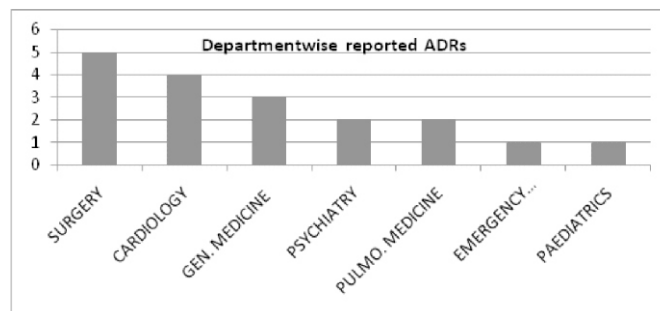


Figure 1: Department wise reported ADRs

The ADRs were categorized according to WHO's System Organ Class Classification. The profiles of drugs are given in the Figure 2.

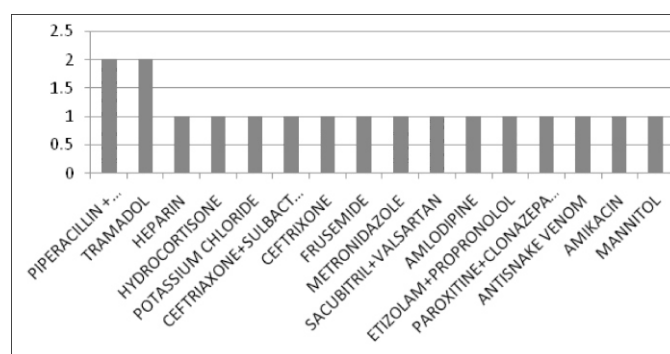


Figure 2 : ADRs profile of reported drug

Out of 18 drugs, most commonly observed Adverse Drug Reactions were related to gastrointestinal and metabolic impairment (28%), , hematological (22%), skin and appendages disorders (22%). Table 1.

Gastro-intestinal system disorders	Piperacillin + Tazobactam, Tramadol, Potassium chloride, Sacubitril + valsartan
Metabolic impairment	Piperacillin + Tazobactam, Hydrocortisone, Frusemide, Tramadol, Mannitol
Haematological	Heparin, Ceftriaxone + sulbactam, Ceftriaxone, Metronidazole
Skin & appendages disorders	Amlodipine, Etizolam + propranolol, Paroxetine + clonazepam, Antisnake venom
Drug induced fever	Amikacin



Table 1 : List of Adverse Drug Reactions categorized according to WHO's System Organ Class Classification

Department of Forensic Medicine

Dr. Vijaya Kumar B Jatti attended the 33rd Annual State Conference of Karnataka Medico-Legal Society "KAMLSCON 2025" held at SR Patil Medical College, Badagandi, Bagalkot from 7th to 8th November 2025.



Dr. Vijaya Kumar B Jatti, Prof & HOD, Dept of Forensic Medicine has been elected as President for the tenure of 2025-2026 and to organize KAMLSCON-2026 Annual conference.

Dr. Vijaya Kumar B Jatti, Prof & HOD, was invited as a "Guest of honor for the white coat ceremony organized on 30th October 2025 at KH Patil Institute of Medical Sciences, Gadag.



Dr. Pravinkumar Kamaradagi, Professors attended 33rd Annual State Conference of Karnataka Medico-Legal Society "KAMLSCON 2025" held at SR Patil Medical College, Badagandi, Bagalkot from 7th to 8th November 2025.

Dr. Rakesh M Marigoudar, Associate Professor attended 33rd Annual State Conference of Karnataka Medico-Legal Society "KAMLSCON 2025" held at SR Patil Medical College, Badagandi, Bagalkot From 7th to 8th November 2025 and Presented a case report titled "Takayasu's arteritis: A story of pulseless disease".

Dr. Rakesh M Marigoudar secured 3rd prize for the best oral Scientific paper presentation in faculty category in "KAMLSCON 2025" held at SR Patil Medical College, Badagandi, Bagalkot from 7th to 8th November 2025.

Dr Doddabasappa. S. Belavagi attended 33rd Annual State Conference of Karnataka Medico-Legal Society "KAMLSCON 2025" held at SR Patil Medical College, Badagandi, Bagalkot From 7th to 8th November 2025.

Dr. Vijaya Kumar B Jatti as a KMC Observer attended a one day CME "Translating Evidence into Justice-A Multi disciplinary CME for Medical, Forensic and Law Enforcement Professionals" held on 31st January 2026 at HIMS, Haveri.

Dr. Pravin kumar Kamaradagi attended a one day CME "Translating Evidence into Justice-A Multi disciplinary CME for Medical, Forensic and Law Enforcement Professionals" held on 31st January 2026 at HIMS, Haveri.

Dr. Rakesh M Marigoudar attended a one day CME "Translating Evidence into Justice-A Multi disciplinary CME for Medical, Forensic and Law Enforcement Professionals" held on 31st January 2026 at HIMS, Haveri.



Department of Community Medicine

1. Dr Rakesh J, Associate Professor, completed the "Faculty Development Program in Palliative Medicine" through TIPS-ECHO programme in collaboration with RGUHS on 28th Jan 2026.
2. Dr Rakesh J, Associate Professor, attended 3rd Global Autism Convention International Conference held at St John's Medical College, Bengaluru from 21st to 25th Jan 2026 and presented an E-Poster in the conference.
3. Dr Asha B Professor, was a resource person for the workshop on " Catalyst-Catalysing Analytical thinking and learning using AI for scientific transformation" organised by AIMS B.G Nagar Mandya on 30th and 31st Jan 2026.
4. Dr Rakesh J, Dr Vidya V Patil, Dr Ranganatha SC, Dr Manu AS, Dr Muhammad Muntazeem attended and successfully completed the 2 day workshop on CISP-III conducted at SSIMS & RC on Feb 5th & 6th 2026.
5. Dr Asha B, Professor attended the 53rd annual National IAPSM 2026 at NAMO Medical education and Research Institute, Silvassa, UT from 27th Feb to 1st March 2026. She was also a coordinator for quiz organised for post graduate students and was a judge for a scientific presentation for the faculty.
6. Dr Vidya V Patil, Associate Professor, attended a workshop on "Strengthening support systems in campuses: for faculty: Student well-being Ambassadors on Mental health and suicidal Risk Intervention" on 13th march 2026 at NIMHANS Bengaluru.
7. Dr Rakesh J, Associate Professor, attended a training program on "Health in a changing climate" organised by Divecha Centre for climate change, IISC, Bengaluru on 13th and 14th March 2026.
8. Dr Sheela P Haveri, Professor, Dr Vijay S, Assistant Professor, under the guidance of Dr Aswin Kumar, Prof & Head, conducted a health education session and supervised a skit on Tuberculosis on the occasion of World TB Day on 24th March 2026 and created awareness about the spread and treatment of tuberculosis at UHTC Bashanagar and Arasapura PHC Davanagere respectively.

Department of Ophthalmology

DBCS EYE CAMPS JANUARY - MARCH 2026

SI No	Month	Camp Place & Date	No of Pt's Screened	No of Cataract Surgeries
1	JANUARY 2026	HADADI, 06/01/2026	84	21
		BASAVANAKOTE, 12/01/2026	50	11
		MAYAKONDA, 19/01/2026	80	29
		MUSTUR, 27/01/2026	60	22
2	FEBRUARY 2026	HADADI, 02/02/2026	50	21
		BASAVANAKOTE, 09/02/2026	85	34
		MAYAKONDA, 18/02/2026	40	14
		MUSTUR, 27/02/2026	27	09
3	MARCH 2026	HADADI, 02/03/2026	48	20
		BASAVANAKOTE, 09/03/2026	30	12
		MAYAKONDA, 16/03/2026	37	13
		MUSTUR, 23/03/2026	30	09
		TOTAL	621	215



Glaucathon: A Marathon for Glaucoma Awareness in Davangere

Glaucoma, often referred to as the "silent thief of sight," remains one of the leading causes of irreversible blindness worldwide. In an effort to spread awareness about this sight-threatening condition, the Davangere Ophthalmic Society organized a unique awareness initiative titled Glaucathon.

The marathon was conducted in Davangere, starting from Chigateri District Hospital and concluding at Modi Eye Hospital. The event witnessed enthusiastic participation from doctors and nursing staff, all coming together with a shared goal-to educate the public about glaucoma and the importance of early detection.

Before the commencement of the marathon, participants and attendees were educated about glaucoma, including its risk factors, silent progression, and the need for regular eye check-ups. This initial awareness session set the tone for the event, emphasizing that vision loss due to glaucoma is preventable if detected early.

The Glaucathon served as an effective platform to combine fitness with public health education. By taking awareness to the streets, the Davangere Ophthalmic Society successfully reached a wider audience and reinforced the importance of protecting vision.

Such initiatives play a crucial role in combating preventable blindness and remind us that community participation and awareness are key to preserving sight.

Women in Ophthalmology :

On the occasion of International Women's Day, celebrated on the 8th of March, the Davangere Ophthalmic Association commemorated the day with great enthusiasm at the IMA Hall. Centered around the meaningful theme "Give to Gain," the event highlighted the spirit of generosity, empowerment, and mutual growth among women.

It served as a platform to inspire, appreciate, and recognize the invaluable contributions of women in both professional and personal spheres, reinforcing the idea that by uplifting others, we ultimately enrich ourselves.

The Women's Day program, thoughtfully organized under the esteemed leadership of Dr. Renuka Barki, stood as a meaningful celebration of empowerment, growth, and the remarkable journey of women in ophthalmology and beyond.

Dr. Ajay S Hatti delivered an inspiring and thought-provoking speech on the remarkable growth and progressive strides of women in society. He eloquently highlighted how women today are breaking barriers, redefining roles, and achieving excellence across diverse fields.

The sessions began with talk on "Clarity and Chaos through the Lens of a Young Ophthalmologist" by Dr. Preeti Surpur. This was followed by an insightful talk by Dr. Navya C on "Females - Are You Fit to Focus? Ergonomics for Ophthalmologists. Dr. Poornima Avinash Patil led a thought-provoking discussion on "Can SHE be a Solo Practitioner / Part of the Corporate Sector. Dr. Sangeetha Bhagawat Renukay presented "The Precision of Palate and Pupil. The program concluded with a heartfelt vote of thanks by Dr. Suparna B, Leaving behind a sense of inspiration and unity, reminding everyone that true progress is achieved when women are empowered to lead, grow, and give-because in giving, we truly gain.





1. Under the mentership of Dr. Renuka Barki, professor and unit head, department of ophthalmology, Dr. Arpitha V Babu and Dr. Vindhya Prakash 3rd year post graduates participated in "Teachers of Tomorrow" competition at All India ophthalmic conference organized by AIOS on 11th March 2026 in Jaipur and presented on the topic "Limbal dermoid". Among the 60 participants this team "Renuka's A-V pattern" stood 6th place and was one of the teams selected for finals. In finals the topics presented were "3rd Cranial Nerve Palsy" and "Presbyopia correcting IOL designs" for which the team was appreciated for its creativity, storyline and blending both old school methods and new technology for teaching.
2. During the National conference organized by AIOS held in Jaipur from 11th-15th March the following paper and posters were presented from department of ophthalmology.

Sl No.	Chief author	Presenting author	Title
1	Dr. Ajay S Hatti Professor & HOD	Dr. Arpitha V Babu Postgraduate	Paper -From bloodstream to retina: The hidden impact of sepsis on retinal vascular development of neonates.
2	Dr.Renuka Barki Professor & Unit Head	Dr.Vindhya Prakash Postgraduate	Podium poster - From haze to hope: reclaiming life with low vision.
3	Dr. Ajay S Hatti Professor & HOD	Dr. Arpitha V Babu Postgraduate	E-poster : Blink and you will miss them: A parasite's secret life on eyelids.
4	Dr. Ajay S Hatti Professor & HOD	Dr. Arpitha V Babu Postgraduate	E-poster : From blur to clarity : Decoding the Mystery behind origins of papilledema

Department of Dermatology

Attended conference

1. Dr. Manjunath Hulmani, Professor & HOD, Dept of Dermatology, panelist session on " The refractory urticaria patient : what's missing in our approach? "DERMACON 2026", held on 29th Jan to 1st Feb -2026 at Bangalore.
2. Dr. Manjunath Hulmani, Professor & HOD, Dr. Priyanka P, Dr. Jaswitha, Dr. Manisha M, Dr. Ajeet Toolahalli, Postgraduate students, department of Dermatology has participated as delegate in the conference "DERMACON 2026", held on 29th Jan to 1st Feb -2026 at Bangalore.

Camp :

1. Date : 21/1/2026, Dr. Shrenik B, Sr. Resident, & Dr. Nayana at Rotary club, Renebennuru
2. Date : 29/1/2026. Dr. Shrenik B, Sr. Resident, & Dr. Nayana at Malebennur village
3. Date : 14/3/2026 Dr. Shrenik B , Sr. Resident, & Dr. Nayana at DCM Township , C Block ,Davangere



Department of Anesthesia

1. GACC 2026:



Dr. Arunkumar Ajjappa, Medical Director, Professor and Head of Department of Anaesthesiology, Critical Care & Pain Medicine, SSIMS & RC delivered a session in **"GACC-2026 Anaesthesia updates"** hosted by Department of Anaesthesia, KHPIMS held on 22-02-2026. The session was focused on **"The unseen strain"- Ergonomics in everyday anaesthesia practice**. It was attended by Dr Mohit, Dr Selvalakshmi, Dr Sindhu, Dr Swetha, Dr Ninada, Dr Mithun, Dr Shreyas, and Dr Prajwal (Postgraduates Students)

2. CRITICARE 2026:

Dr. Kiran BR, Professor, & Dr. Vishwas GK, Professor, Department of Anaesthesiology, SSIMS & RC, attended 32nd annual conference of Indian Society Of Critical Care Medicine [ISCCM] from Feb 29th to 2nd March 2026 in Chennai.

3. Dr Vishwas GK, Professor, Dept of Anaesthesiology, SSIMS & RC, attended a workshop on MECHANICAL VENTILATION AND ECMO which was organised by Department of Critical Care Medicine at SDM, Dharwad on 13th & 14th of March 2026.

4. ISAMIDKON 2026 :

This conference held in Kerala during 21st & 22 nd February where our post graduates - Dr. Sharath, Dr. Deepa, Dr. Azim, Dr. Najira & Dr. Tejas presented papers on following topics.

Student Name	Topic & Co-author
Dr.Sharath H N	Comparison of fractionated versus bolus intrathecal drug administration in spinal Anaesthesia for lower limb surgeries-impact on postoperative nausea and vomiting. Co author -Dr.Dheeraj R Patel
Dr.Azim Hussain	A Comparative study of Ephedrine vs Mephentermine in treating hypotension after Spinal anaesthesia in lower abdominal surgeries. Co authors-Dr.Sagar S M & Dr.Smitha Y
Dr.Deepa G S	Perfusion index as an early predictor for ultrasound-guided axillary brachial plexus block success: a prospective observational study. Co author :Dr.Naveen Kumar C P
Dr. Najira Tamboli	Comparative study of Iv Tramadol vs iv ketamine in prevention of shivering following spinal anesthesia. Co author -Dr.Mamatha H K
Dr.Tejas Kumar J K	A comparative study to assess patient comfort during spinal needle insertion in sitting vs lateral decubitus position in parturients undergoing elective cesarean section. Co author -Dr.Lakshmi K V



Department of Radio Diagnosis

CME- Echocardiography for radiologist

The department of Radiology, SSIMSR&RC, Davangere had organised "Essential echocardiography for radiologist" in association with IRIA Karnataka state initiative. This program was attended by residents and consultant radiologists from all over Karnataka on 22nd February.

The inaugural function started with invocation & welcome speech by Dr. Parthasarthy & inauguration was done by chief guests Dr. Naveen Ballal, consultant radiologist and managing director of Navya health care pvt Ltd. Dr. Parthasarthy, Dr Akhil M Kulkarni, Dr Shyam, Dr. Kiran Kumar Hegde by watering the plant. Vote of thanks was given by Dr. Akhil M Kulkarni, organising chairman

Dr. Akhil M Kulkarni Organising chairman, Dr. Parthasarthy, HOD of Radiodiagnosis SSIMS & RC, Davangere. played on important role in organising the programme.

Delegates were actively involved in the discussion & enjoyed the feast of knowledge. Hands on training was given individually to all the delegates by the speaker Dr. Naveen Ballal, consultant radiologist and managing director of Navya health care Pvt Ltd.. Total of 53 delegates attended the program. The program was successful and was highly appreciated.

Following was the Schedule of Scientific Programme.

Credit hours 1.30 HR

22/2/2026

Sl.No	Name of the Speaker	Topic
1.	Dr. Naveen Ballal	Essential echocardiography for radiologist



Demonstration by speaker

Department of Psychiatry

1) Dr. Yogya Akkineni (2nd Year PG, Psychiatry) had attended The 3rd Global Autism Convention (Theme- Autism in the Global South: Culture, Community and Neurodiversity) conducted at St. John's Auditorium, St. John's National Academy Of Health Sciences in Bangalore between the dates of 21st-25th January, 2026.

She had presented an e- poster in the above mentioned conference titled "Psychosis and Sexual Behaviour Difficulties in an Adolescent with Autism Spectrum Disorder: Is Stigma the Game Changer?" and also participated in the 'Neurodiversity Essay And Creative Expression Competition' which was conducted on January 24th, 2026.

2) Dr. Ankita Vasisht (2nd Year PG, Psychiatry) had attended Annual Psychiatry Post Graduate Residents' CME, organized by Department Of Psychiatry, KS Hegde Medical Academy, Mangalore (Theme- The Art And Science Of Psychiatry: Mastering The Skills That Matter") on 21st and 22nd February 2026.

She had presented an e-poster in the above mentioned conference titled" Female Dhat Syndrome At The Gynecology- Psychiatry Interface : A Diagnostic Blind Spot With Delusional Beliefs".



Department of Respiratory Medicine

- 1) **Dr. Anup Banur**, Professor & Head of the Department of Respiratory Medicine, delivered a talk on 'Ensifentrine in COPD' at the PULMOKARN conference held on 21st and 22nd February 2026 in Bangalore.
- 2) **Dr. Hari krishna P A**, **Dr Aiswarya G Nath**, **Dr Gunalan B** (third year post graduates) attended the 18th South zone PG meet held on 3rd and 4th January at Apollo hospital, Hyderabad.
- 3) **Dr. Hari krishna P A**, **Dr Aiswarya G Nath**, **Dr Gunalan B** (third year post graduates) attended and presented an Oral Paper at the PULMOKARN conference held on 21st and 22nd February 2026 in Bangalore.
- 4) **Dr. Vibha G**, **Dr. Varsha T**, **Dr. Sreedhar G R** (second year post graduates) attended the PULMOKARN conference held on 21st and 22nd February 2026 in Bangalore.

Department of Emergency Medicine

Dr. Sachin G and Dr. Vivek D, third-year postgraduate residents, participated in the Advanced Trauma Life Support (ATLS) Provider Course held from 15th to 17th February-2026 at Anand Abhigyan, Bengaluru. The course, conducted under internationally standardized guidelines, focused on the systematic assessment and management of trauma patients, including primary and secondary surveys, airway management, shock resuscitation, and rapid decision-making in emergency situations. Their successful participation reflects the department's commitment to excellence in trauma care training.

As part of SS Care Trust community outreach initiatives, Dr. Ganesha B.S., Associate Professor, along with Dr. Athira Krishnan, Senior Resident, and Dr. Aditi R. Prasad, Postgraduate, conducted a Basic Life Support (BLS) training session for MBA students and police personnels on February 20th 2026.

The session included hands-on training in high-quality CPR, use of Automated External Defibrillators (AED), and recognition of life-threatening emergencies. This initiative aimed to empower non-medical individuals with essential life-saving skills and improve bystander response in emergency situations.

Dr Ganesha B.S Associate Professor, Dr Dileep CN Associate Professor and Dr Sachin .G took part as an instructor for Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) course held at College of Dental Sciences, Davangere and JJMMC, Davangere respectively

Dr. Sachin G, third-year postgraduate, also actively contributed as an instructor in the Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) training program conducted at Subbaiah Institute of Medical Sciences, Shivamogga, from 23rd to 25th March 2026. His role as an instructor highlights his proficiency in resuscitation protocols and dedication to teaching and capacity building among healthcare professionals.



Furthermore, Dr. Ganesha B.S., Associate Professor, Dr. Dileep C.N., Associate Professor, and Dr. Sachin G participated as delegates in the 2025 AHA CPR and ECC India Rollout Event held at Kasturba Medical College, Manipal on 27th March 2026. This event focused on the latest updates in resuscitation guidelines, evidence-based practices, and advancements in emergency cardiovascular care, ensuring that the faculty and residents remain aligned with global standards.

These activities collectively underscore the department's ongoing efforts in academic excellence, skill enhancement, and community engagement in the field of Emergency Medicine.



Medical Education Unit (MEU) Activities 5th & 6th of Feb 2026 - Curriculum Implementation Support Program-III(CISP-III)

Curriculum Implementation Support Programme [CISP III] was conducted under the aegis of Nodal Centre Jawaharlal Nehru Medical College, Belagavi on 5th & 6th of February 2026.

Dr. Radhika Sherkhane, from SDM Medical College, Dharwad was the NMC observer for the workshop. MEU coordinator Dr. Shashikala P coordinated the workshop.

About 30 Faculty from various departments participated in the programme and successfully completed the training. About nine resource faculty spoke on various topics during the workshop.

Scientific Articles / Case studies

Department of Radio diagnosis

LEMMELE SYNDROME:

A Rare but Important cause of obstructive jaundice

Dr. Shyam. S, Dr. Indushree T V, Dr. Ajith

Introduction:

Lemmel syndrome is a rare and often overlooked cause of obstructive jaundice, first described by Gerhard Lemmel in 1934. It refers to biliary obstruction caused by a periampullary duodenal diverticulum (PAD) in the absence of more common aetiologies such as choledocholithiasis or malignancy.

Despite periampullary diverticula being relatively common incidental findings, their clinical significance is frequently underestimated, making Lemmel syndrome an important diagnostic consideration in radiology and gastroenterology.

Anatomy & pathophysiology : Periampullary duodenal diverticula typically arise along the **medial wall of the second or third part of the duodenum**, close to the ampulla of Vater.

The syndrome occurs due to one or more of the following mechanisms:

- **Direct compression** of the distal common bile duct (CBD) by a distended diverticulum
- **Impaction of enterolith or bezoar** within the diverticulum causing mass effect
- **Chronic inflammation (diverticulitis)** leading to fibrosis of the ampulla (papillitis chronica fibrosa)
- **Sphincter of Oddi dysfunction** secondary to mechanical irritation

These mechanisms ultimately result in **biliary stasis and obstruction**, predisposing to cholangitis.

Epidemiology :

- Duodenal diverticula are seen in up to **20-25% of the population**, especially in elderly individuals
- However, **<5% become symptomatic**
- Lemmel syndrome itself remains rare, likely under diagnosed due to lack of awareness

Clinical presentation:

Patients commonly present with : **Obstructive jaundice, Right upper quadrant abdominal pain, Fever and chills** (suggesting ascending cholangitis)

Symptoms may be **intermittent**, depending on the degree of obstruction. Laboratory findings typically show:

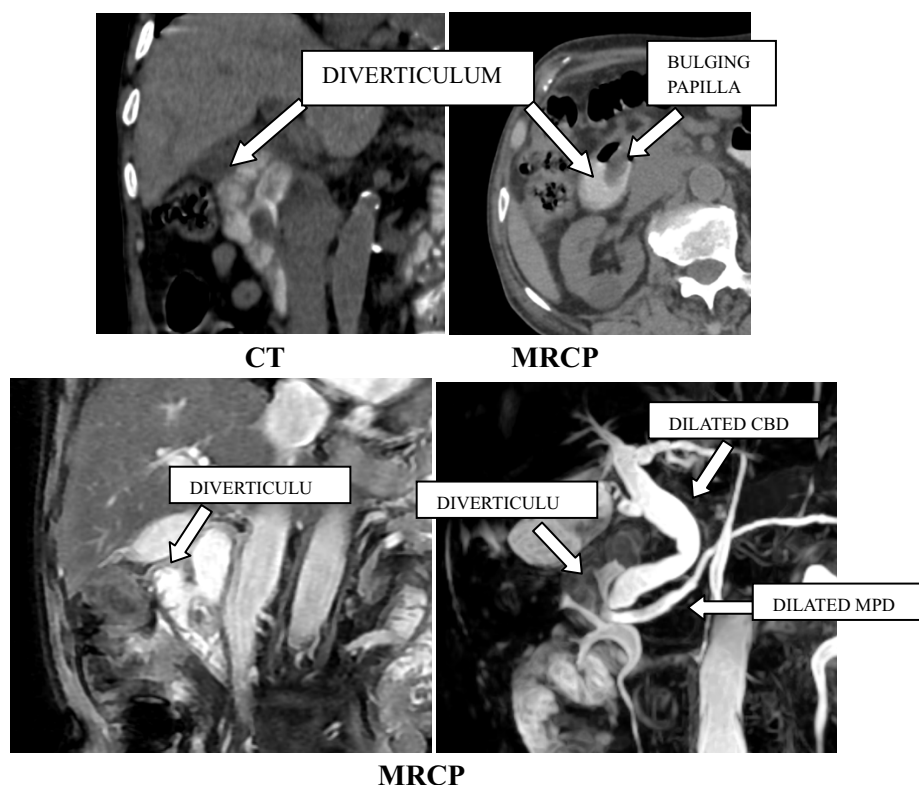
Elevated Bilirubin, Raised alkaline phosphatase, Features of inflammation (e.g., elevated CRP, leukocytosis)

Imaging features : Radiology plays a pivotal role in diagnosis.

Ct findings:

- Periampullary diverticulum appearing as an out pouching adjacent to the duodenum
- Contents may show air, fluid, or mixed attenuation material (bezoar/enterolith)
- Compression of distal CBD with upstream biliary dilatation
- Possible mass effect on pancreatic head without pancreatic duct dilatation

MRCP: Better delineation of biliary anatomy. Helps exclude malignancy



ERCP : Gold standard for diagnosis. Allows direct visualization and therapeutic intervention

Differential Diagnosis : Lemmel syndrome can mimic several conditions:

- Periapillary or pancreatic head carcinoma
- Groove pancreatitis
- Pancreatic pseudocyst
- Metastatic lymphadenopathy
- Choledochal cyst (especially Todani type II)

A key differentiating feature is the **absence of intrinsic biliary or pancreatic mass**.

Management : Treatment depends on severity and underlying mechanism:

Conservative Management: Antibiotics (for cholangitis), Supportive care

Endoscopic Treatment : Sphincterotomy, Removal of enterolith/bezoar, Biliary stenting

Surgical Management : Diverticulectomy (rare, technically challenging)

Other Options : Extracorporeal shock wave lithotripsy for enteroliths

Clinical significance : Lemmel syndrome is important because:

- It is a reversible cause of obstructive jaundice
- It can mimic malignancy, leading to unnecessary interventions
- Early recognition allows minimally invasive management

Radiologists must maintain a high index of suspicion, especially when biliary obstruction is present without stones or tumors.

Key takeaway : Not all obstructive jaundice is due to stones or cancer-sometimes, the culprit lies in a silent duodenal diverticulum.

**Alopecia in Females : Clinical Types and Management**
Dr. Manjunath Hulmani, Prof & HOD, Priyanka P (PG)**Introduction**

Hair loss (alopecia) is one of the most common dermatological complaints among women and often carries a significant psychological and emotional burden. Although hair has no vital physiological function in humans, it plays a crucial role in self-image, social confidence, and quality of life. Women experience hair loss due to a wide range of causes, including hormonal imbalance, nutritional deficiencies, systemic illness, stress, and genetic predisposition.

Diffuse hair loss is the most common presentation, with telogen effluvium being the predominant diagnosis. Understanding the various types of alopecia, their clinical patterns, and appropriate treatment options is essential for early diagnosis, effective management, and patient counseling.

Types of Alopecia and Their Management

Alopecia can broadly be classified into nonscarring and scarring types based on follicular damage and reversibility.

1. Telogen Effluvium (TE)**Description :**

Telogen effluvium is the most common cause of diffuse hair loss in women. It occurs when a large number of hair follicles prematurely enter the telogen (resting) phase, leading to excessive shedding. Triggers include acute illness, emotional stress, childbirth, nutritional deficiencies, hormonal changes, and infections such as COVID-19.

Clinical Features:

- Diffuse hair shedding
- Reduced hair volume
- Positive hair pull test
- Onset typically 2-3 months after a triggering event

Treatment:

- Identification and removal of the triggering factor
- Reassurance and counseling, as TE is usually self-limiting
- Correction of nutritional deficiencies (iron, protein, vitamins)
- Stress management and lifestyle modification
- Topical minoxidil may be considered in persistent cases

**2. Female Pattern Hair Loss (FPHL)****Description:**

Female pattern hair loss is a chronic, progressive condition characterized by gradual thinning of hair, especially over the central scalp and crown. Unlike male pattern baldness, frontal hairline recession is usually minimal. Androgen levels are often normal.

Clinical Features:

- Widening of the central partition
- Diffuse thinning over the crown
- Positive family history in many cases

Treatment:

- Topical minoxidil (first-line therapy)
- Oral antiandrogens (such as spironolactone) in selected patients
- Management of associated hormonal disorders (e.g., PCOS)
- Long-term treatment and regular follow-up





3. Alopecia Areata (AA)

Description:

Alopecia areata is an autoimmune disorder characterized by sudden-onset patchy hair loss. It may involve the scalp, eyebrows, eyelashes, or other body areas.

Clinical Features :

- Well-defined, round or oval patches of hair loss
- Exclamation mark hairs at the periphery
- Patterns such as ophiasis or diffuse alopecia may be seen

Treatment :

- Intralesional corticosteroids for localized disease
- Topical corticosteroids or immunotherapy
- Systemic therapy for extensive or rapidly progressive cases
- Psychological support due to unpredictable disease course



4. Trichotillomania

Description:

Trichotillomania is a behavioral disorder characterized by compulsive hair pulling, often associated with anxiety or stress.

Clinical Features:

- Irregular, broken hairs of varying lengths
- Patchy hair loss with ill-defined borders
- Patients may be unaware of the habit

Treatment :

- Psychiatric evaluation and counseling
- Cognitive behavioral therapy
- Management of underlying psychological conditions

5. Scarring Alopecia

Description:

Scarring (cicatricial) alopecia results from permanent destruction of hair follicles due to inflammatory or autoimmune conditions such as lichen planopilaris or lupus erythematosus.

Clinical Features :

- Permanent hair loss
- Smooth, shiny scalp with loss of follicular openings
- May be associated with itching, pain, or erythema

Treatment :

- Early diagnosis is crucial to prevent progression
- Anti-inflammatory agents (topical or systemic corticosteroids)
- Immunosuppressive therapy when indicated
- Hair regrowth is usually not possible once scarring occurs

Conclusion

Alopecia in women is a multifactorial condition with diverse clinical presentations and etiologies. Telogen effluvium remains the most common cause of hair loss, particularly among young women, while female pattern hair loss and alopecia areata also contribute significantly to disease burden. Early recognition of the type of alopecia, identification of triggering or associated factors, and appropriate management are essential for optimal outcomes.

Equally important is patient education and reassurance, as hair loss often leads to considerable psychological distress. A holistic approach combining medical treatment, correction of underlying causes, and emotional support can significantly improve both clinical results and quality of life in affected women



Publications

Department	Name of the Authors	Title of the article	Journal details
Forensic Medicine	Rakesh. M. Marigoudar	Pattern of medicolegal cases in the casualty of a teaching hospital, Deralakatte, Mangalore: a retrospective study.	J-SIMLA, March - 2025, Vol.17, (01): 44-49.
	Rakesh. M. Marigoudar	Profile of histopathological changes in cases of deaths due to snakebite poisoning, autopsied at a tertiary care centre	J-SIMLA. March - 2025, Vol.17 (01): 102-106.
Community Medicine	B. Asha, S. C. Ranganatha, Aswin Kumar, Vidya V. Patil	Role of "health mix" in alleviating malnutrition among 3-6 year children : A community level, nonrandomized, interventional study.	BLDE University Journal of Health Sciences. December 2025: 10(2);90-93.
Radio diagnosis	Dr. Indushree TV*, Dr. Shyam S, Dr. Akshay H Janakare and Dr. Parthasarathy KR	Balancing Clinical Judgment and Imaging : Evaluation of Pulmonary Embolism Using Modified Wells Score, Age-Adjusted D-Dimer, and CT Pulmonary Angiography.	Indian Journal of Applied Radiology Open Science Publications 01 ISSN : 2581-3919 Volume 12, Issue 1 - 2026

Congratulations



Dr. Asha B, Professor of Community Medicine received the 'Vijay Narian' Award at the 53rd National Conference of the Indian Association of Preventive and Social Medicine held at NAMO Medical Education and Research Institute, Silvassa , UT of DND.



S. S. Care Trust Activities

1. A general health camp was conducted at Vartakara Samudhaya Bhavana Ranebennur on 21st Jan 2026 under the aegis of S S Care trust, Rotary club, Vartakara Sangha. A total of 313 patients attended the camp. Screening for diabetes, hypertension, obesity ECG was done. The camp was supervised by Dr Vidya V Patil, Associate Professor, Department of Community Medicine.
2. A general health camp was conducted at Shaadi Mahal, Santebennur under the aegis of S S Care trust. A total of 336 patients attended the camp. Screening for diabetes, hypertension, obesity ECG was done. The camp was supervised by Dr Manu A S, Associate Professor, Department of Community Medicine.
3. A general health camp was conducted under SS Care trust at DCM township, Davanagere. A total of 165 patients screened for various conditions on 14th March 2026.

Sl. No.	Date	Place	Beneficiaries	Staff
1	04/02/26	Chikkamanihalli A, Davanagere	18	Dr Sheela P Haveri
2	11/02/26	Khadi Kendra, Nituvalli, Davanagere	16	Dr Asha B
3	18/02/26	Devraj Urs Badavane A & B, Davanagere	25	Dr Vidya V Patil
4	11/03/26	Chikkamanihalli B, Davanagere	19	Dr Bhavani V
5	18/03/26	Anjaneya Bhadavane	15	Dr Asha B
6	25/03/26	Manikanta circle, Davanagere	15	Dr Veena S





SSIMS&RC in Parvathi 2026

PARVATHI stands as a visionary initiative of **Dr. Prabha Mallikarjun**, Joint Secretary BEA., Member of Parliament, Lok-Sabha, Davangere Constituency, Life Trustee SS Care Trust. Reflecting her commitment to women's empowerment, equality, and collective progress. In March, PARVATHI 2026 was organized by the **Bapuji Educational Association (BEA), Davangere**, as part of International Women's Day celebrations. The event was conducted under the theme "**Give to Gain - Generosity and Collective Action for Gender Equality**," emphasizing collaboration, inclusivity, and the empowerment of women across institutions.

Under the guidance of **Dr. B.S. Prasad** (Principal, SSIMS&RC), **Dr. Arun Kumar Ajjappa** (Medical Director, SSIMS&RC), **Dr. Shashikala P. Krishnamurthy** (Vice Principal, SSIMS&RC), **Dr. Deepa H.S.** (Associate Professor, Department of Physiology & Coordinator, Ms. Parvathi, SSIMS&RC) and **Mrs. Renuka. Y** (Office Superintendent, SSIMS&RC), the teaching and non-teaching staff of SSIMS&RC actively participated in all major events of PARVATHI 2026.

The **KREEDOTSAVA** events were held on 16th and 17th March 2026 at BIET. A total of five events were conducted, in which the SSIMS&RC staff delivered an outstanding performance by securing first place in Cricket, Tug of War, and Carrom and achieving runner-up position in Badminton.

KALOTSAVA was conducted on 24th March 2026 at AVK College, where the staff actively participated in Rangoli and Cooking without Fire events and delivered commendable performances.

KALA SANGAMA took place on 23rd March 2026 at Bapuji Auditorium. The staff participated in Group Song, Dance, Skit, and Fashion Show events and performed Exceptionally well. The Dance event was based on the theme "Her Rhythm - Her Power," the Group Song reflected the theme "Voice of Soul," the Skit was presented on the theme "Give to Gain," and the Fashion Show was based on the theme "Roots of India." Overall, the team showcased excellent creativity and coordination across all events.

In conclusion, SSIMS&RC women staff demonstrated outstanding enthusiasm and performance in PARVATHI 2026. Their achievements in Kreedotsava and active participation in Kalotsava and Kala Sangama highlight their commitment to excellence, teamwork, and holistic development.



KALOTHSAVA - 2026



Rangoli



Cooking without fire

KALASANGAMA - 2026

Fashion show



Group song



Group dance



Skit





KREEDOTHSAVA - 2026



Photo Gallery

Desi Mela - 2026 During College Day Celebration



Photo Gallery

Sports Events during College Day Celebration - 2026



Cultural Events during College Day Celebration - 2026

